



### Action Asia 3 day Ultra Marathon 2019 - 100km Overall Result

Overall Position	Race Number	First Name	Last Name	Nationality	Day 1 Time	Day 2 Time	Day 1 + Day 2 Time	Day 3 Time	3 Days Time in Total	Category	Cat Position	Team	Remarks
1	11	Rui	Alves	Portugal	04:37:36	04:32:20	09:09:56	01:47:09	10:57:05	Men 40-49 (100km)	1	CUPPACOFFEE	
2	12	Arnaud Michel	Echaliier	France	04:41:16	04:32:20	09:13:36	01:46:28	11:00:04	Men 40-49 (100km)	2	It's Always Sunny In Macau	
3	22	Leslie	Van	France	04:50:36	04:48:56	09:39:32	01:55:10	11:34:42	Women 30-39 (100km)	1		
4	21	Zoe	Chazen	United States	05:27:50	04:46:23	10:14:13	01:41:08	11:55:21	Women 18-29 (100km)	1	TBD	
5	6	Remi	Paris	France	05:30:00	05:24:15	10:54:15	01:58:00	12:52:15	Men 30-39 (100km)	1		
6	7	Ross	Stewart	United Kingdom	06:01:40	05:23:41	11:25:21	01:37:35	13:02:56	Men 30-39 (100km)	2		
7	29	Nicholas	Wilcox	United Kingdom	05:50:17	05:30:10	11:20:27	02:04:40	13:25:07	Men 30-39 (100km)	3	Wilco Wanderers	
8	19	Tze Kong	Yeung	HKG - China, Hong Kong SAR	05:47:30	05:37:55	11:25:25	02:03:39	13:29:04	Men 60+ (100km)	1		
9	16	Philippe	Bermejo	France	05:45:15	05:30:10	11:15:25	02:14:05	13:29:30	Men 50+ (100km)	1		
10	8	Mally	Stewart	United Kingdom	06:01:39	05:23:41	11:25:20	02:07:15	13:32:35	Women 30-39 (100km)	2		
11	15	Luri	Volcato	Brazil	05:55:38	06:15:50	12:11:28	01:58:38	14:10:06	Men 50+ (100km)	2	Its Always Sunny In Macau	
12	25	Caroline	Spivey	United Kingdom	06:23:40	06:29:22	12:53:02	02:29:58	15:23:00	Women 40-49 (100km)	1	—	
13	26	Claire	Anderson	United Kingdom	06:23:40	06:29:22	12:53:02	02:29:58	15:23:00	Women 40-49 (100km)	2	—	
14	4	Thierry	Chesnais	France	05:20:20	07:04:30	12:24:50	03:30:08	15:54:58	Men 30-39 (100km)	4		
15	23	Lilly	Ng	Canada	06:29:54	06:54:19	13:24:13	02:37:50	16:02:03	Women 30-39 (100km)	3		
16	30	Charlotte	Chazen	United States	06:21:56	06:56:39	13:18:35	02:48:44	16:07:19	Women 18-29 (100km)	2	Cha Cha	
17	9	Pim	Meijer	Netherlands	05:43:42	07:33:50	13:17:32	02:59:00	16:16:32	Men 30-39 (100km)	5		
18	10	Chi Leung	Ngan	HKG - China, Hong Kong SAR	07:18:46	07:01:22	14:20:08	02:36:40	16:56:48	Men 30-39 (100km)	6	BR	
19	17	Siu Hung Bennie	Lam	HKG - China, Hong Kong SAR	07:18:46	07:01:22	14:20:08	02:37:00	16:57:08	Men 50+ (100km)	3	BR	
20	24	Vanessa Wai Lam	Choi	HKG - China, Hong Kong SAR	07:30:25	06:54:58	14:25:23	02:39:58	17:05:21	Women 30-39 (100km)	4		
21	1	Philip Cason	Crane	United States	07:09:38	07:09:48	14:19:26	03:10:46	17:30:12	Men 18-29 (100km)	1	Crane Gang	
22	2	Francis	McGill	United States	07:09:38	07:09:48	14:19:26	03:10:46	17:30:12	Men 18-29 (100km)	2	Crane Gang	
23	28	Isabella	De La Houssaye	United States	07:48:30	06:56:39	14:45:09	03:10:46	17:55:55	Women 50+ (100km)	1	Crane Gang	
24	20	David	Crane	United States	07:48:31	07:09:50	14:58:21	03:10:46	18:09:07	Men 60+ (100km)	2	Crane Gang	
25	27	Melissa	Shadforth	Australia	07:57:30	07:39:20	15:36:50	03:37:58	19:14:48	Women 40-49 (100km)	3	—	
26	5	Aditya	Kothari	Belgium	05:13:45	05:16:50	10:30:35	DNF	10:30:35 Day 1 + Day 2 only	Men 30-39 (100km)	7		5 min time penalty in day 1 (no medical kit)